

Baltimore Metropolitan Alumnae Chapter
Delta Sigma Theta Sorority, Inc. and
★ macy's

Go RED

**Feb 9, 2019
Noon to 4 pm**

**FOR WOMEN
HEALTHY HEART FAIR**

**A FUN AND INFORMATIVE AFTERNOON OF HEALTHY HEART ACTIVITIES, DEMONSTRATIONS,
GIVE-AWAYS AND MORE FOR THE ENTIRE FAMILY. SECURITY MALL IN FRONT OF MACYS**

Blood Pressure Screening

Go Red Heart Health Handouts

Healthy Food Demonstrations & Samples

Zumba & Line Dancing

Health & Wellness Resources

Art for the Heart - Children's Activities & Crafts

Voter Registration

Music by DJ Wiz

ALL Activities are FREE!!

